

For Parents

Please note the following:

- SKIP sessions are two-hour outdoor programs.
- Please ensure your child is dressed appropriately for the weather (rain, snow, sun protection).
- A small snack will be provided.
- A shelter will be available.
- Outdoor washroom facilities are on site (privies).
- In the event of cancellation due to bad weather, you will be notified by 10 a.m. on the day of the program.



Our Partners

SKIP was conceived by the Friends of Murphys Point Park and is coordinated by a steering committee of volunteers from partnering groups in the community. The Friends are a registered, non-profit charity dedicated to enhancing the natural heritage education at Murphys Point.



SKIP Location



The SKIP Clubhouse is located at the Lally Homestead, which is 2.4 km past the main park entrance (coming from Rideau Ferry Road) on ElmGrove Road/County Road 21. For more detailed directions see

www.friendsofmurphyspoint.ca or call the park at 613-267-5060.

Volunteer!

Want to get involved? The Friends are always looking for volunteers for SKIP and other activities.

To volunteer you must fill out a registration form and complete a police criminal record check. For information or to obtain a copy of the registration form, please visit

www.friendsofmurphyspoint.ca,
e-mail [friendsofmurphyspoint@
yahoo.ca](mailto:friendsofmurphyspoint@yahoo.ca) or call **613-264-0447** or
613-267-5340.

Super Kids In Parks

What is SKIP?

Super Kids In Parks (SKIP) is a six-week program aiming to help kids ages 7 to 10 connect with nature through a range of exciting sessions promoting active and healthy living.

WHERE AND WHEN:

- Sundays from 1 to 3 p.m.
- See www.friendsofmurphyspoint.ca for specific details about the next session and programs.
- Lally Homestead, Murphys Point Provincial Park (directions on back)

WE OFFER:

- Six sessions led by volunteer leaders with a wide range of experience and expertise
- A volunteer-to-child ratio of approximately 1 to 5
- A take-home workbook
- So much fun kids won't realize they're learning something, too!

Studies show incredible benefits for kids who are connected with nature. SKIP is designed to achieve these benefits.

INFO:

Phone:

613-264-0447 or 613-267-5340

E-mail:

friendsofmurphyspointpark@yahoo.ca

Web:

www.friendsofmurphyspoint.ca

Programs



All sessions run on Sundays from 1 to 3 p.m. at the Lally Homestead, unless otherwise indicated.

For specific seasonal session dates and weekly program details, check

www.friendsofmurphyspoint.ca,

e-mail friendsofmurphyspointpark@yahoo.ca

or call **613-264-0447** or **613-267-5340**.

The activity schedule is subject to change.

SAMPLE PROGRAMS (vary by season)

Nature Photography, Cross-Country Skiing, Nature Crafts, Building Shelters, Outdoor Cooking, Snowshoeing, Orienteering, Discovery Hikes with Field Naturalists, Birding, Frogs, Pond Study, Wildflowers and Deer, Pioneer Lifestyles, Geology, Reptiles and so much more!



Pre-register Early!

Pre-registration is required and includes the **full six-week program**. Enrolment is limited (first-come, first-served).

Program Fees

\$50.00 for full six-week session (to be pre-paid).

REGISTRATION FORMS ARE AVAILABLE:

- Online at www.friendsofmurphyspoint.ca
- By calling 613-264-0447 or 613-267-5340

PLEASE REGISTER BY THE DEADLINE INDICATED ON THE FORM AND SUBMIT:

- By e-mail to friendsofmurphyspointpark@yahoo.ca
- By fax to 613-264-0409
- By dropping off at 14 D'Arcy Street in Perth

YOU WILL BE CONTACTED REGARDING ACCEPTANCE.

